

# RESET YOUR BRAIN

BRAIN MAPPING ASSESSMENT IN ZURICH FOR CONCUSSION, BURNOUT & STRESS UNDERSTAND WHAT'S HAPPENING IN YOUR BRAIN AND WHAT TO DO NEXT.



- ✓ Non-invasive EEG brain scan
- ✓ Clear insights into stress, focus & recovery
- ✓ Trusted by 500+ clients
- ✓ Book your scan



**MOVE  
THE BRAIN**  
RESET TO RECOVER

# RESET TO RECOVER

The impact of a concussion – or ongoing stress – can turn your life upside down. Even years later, you may still face symptoms such as poor concentration, memory problems, fatigue, dizziness, or sensitivity to light and sound. This condition is known as Post-Concussion Syndrome (PCS) and it can have a major impact on your daily life, because the symptoms often persist for years. Similar complaints can also occur after burnout. After a concussion or prolonged stress exposure, symptoms can persist and remain difficult to explain. Brain mapping provides additional insight into how your brain is functioning.

## WHAT IS BRAINMAPPING?

Non-invasive EEG-based assessment measures how your brain functions. It provides insights into stress, focus, fatigue and recovery, helping you understand. It offers information about stress, focus, fatigue, and recovery to help you gain understanding. What's happening and what to do next. It highlights patterns that may explain ongoing symptoms and provides direction for your next steps.

## HOW IT WORKS

1 Scan 2 Analyse 3 Report

## RIANNE SCHOREL

Founder of Move The Brain

In 2008, as a professional football player, I sustained a head injury that changed my life completely. For years I struggled with fatigue, depression, and concentration problems without answers. Over the past 8+ years, we have worked intensively with more than 600 clients in structured, high-frequency recovery settings and supporting them in understanding and improving their brain function.

**Results:** 48% back to work within 1 month, 80% improved within 3 months.

Provides insights into brain function and can support discussions with healthcare professionals.



**Our goal is to help people gain clarity in their brain function and recovery.**

